The Sufi Beliefs Scale


For each of the following, please rate the extent to which you agree with each statement, using the scale from 1 to 7 as shown below.

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<th>1</th>
<th>2</th>
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<tbody>
<tr>
<td></td>
<td>Strongly disagree</td>
<td>Somewhat disagree</td>
<td>A little disagree</td>
<td>Neither Agree or Disagree</td>
<td>A little agree</td>
<td>Somewhat agree</td>
<td>Strongly agree</td>
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1. Love and affection for God purify one’s heart and connect one to God.
2. This world is ephemeral and its pleasures are nothing more than an illusion.
3. The human soul is willing to return and connect to its origin and creator.
4. Having affection for the things of this world and following one’s own desires draws us away from God.
5. Without God’s attention and his hidden attraction, drawing close to him is impossible.
6. In order to discover the truth, one cannot solely rely on intellect and reason.
7. One should not become preoccupied with worldly affairs and what is happening in the surrounding environment, as these things will cause one to forget God.
8. Drawing close to and connecting with God is one of my main purposes in life.
9. God is all around us; wherever one turns, God is present.
10. Piety and abstinence and even sometimes mortification clean the soul and purify the heart.
11. God can be understood within the heart during some mystical experiences which may occur to some people.
12. A Perfect Man is one who disowns himself and drowns in God.
13. Love of God is at the core of religion and mysticism.
14. Worldly pleasures distract us from God. Therefore, we should fight against them using piety and abstinence.
15. Knowing God is one of my main goals in life.

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<tbody>
<tr>
<td>God-centeredness</td>
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<td>11</td>
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<tr>
<td>Asceticism</td>
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<td>4</td>
<td>7</td>
<td>10</td>
<td>12</td>
<td>14</td>
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No reversing needed